
For the person who helps you

A sheet you can choose to share with another adult who helps care for your child.

Use this sheet only if you choose to share it. Discuss which agreement you want support with and what is practical for each adult. This sheet does not include the questionnaire answers or the household theme list.

One way is to look, once, for something slow made for children this small, and write its name where the house can see it; what repeats each week is putting it on, not the looking. It costs a lunch break spent in a menu.

This is about what is on, not about how long, and it is not a promise about your child's words.

Not for everyone: not for the day when an older child's programme is the only one the house can agree on. Whatever keeps a small child safe and busy while you earn or cook is its own good reason.

WHAT WE HAVE AGREED TO TRY

WHEN AND WHERE

WHAT EACH ADULT WILL DO

WHEN WE WILL TALK ABOUT HOW IT WENT

An agreement can be changed if it does not fit your family. Keep the full plan and its limitations for your own reference.